



MANASSAS PARK CITY SCHOOLS "IN-PERSON" MENU

Daily Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH - SELECT 0	MAIN DISH - SELECT 1	MAIN DISH - SELECT 1	MAIN DISH - SELECT 1	MAIN DISH - SELECT 1
Cereal Pack (includes cereal, snack and juice)	Cereal Pack (includes cereal, snack and juice)	Cereal Pack (includes cereal, snack and juice)	Cereal Pack (includes cereal, snack and juice)	Cereal Pack (includes cereal, snack and juice)
Lunch				
MONDAY 5/31	TUESDAY 6/1	WEDNESDAY 6/2	THURSDAY 6/3	FRIDAY 6/4
<u>CLOSED</u>	<u>PROTEIN/GRAIN COMBO</u>	<u>PROTEIN/GRAIN COMBO</u>	<u>PROTEIN/GRAIN COMBO</u>	<u>PROTEIN/GRAIN COMBO</u>
	Breaded Chicken Sandwich	Breaded Chicken Sandwich	Cheese Pizza	Cheese Pizza
	Turkey Sandwich	Turkey Sandwich	Turkey Sandwich	Turkey Sandwich
	Yogurt with Crackers	Yogurt with Crackers	Yogurt with Crackers	Yogurt with Crackers
	Garden Salad w/Chicken and Crackers	Garden Salad w/Chicken and Crackers	Garden Salad w/Chicken and Crackers	Garden Salad w/Chicken and Crackers
	<u>FRUIT / VEGETABLE</u>	<u>FRUIT / VEGETABLE</u>	<u>FRUIT / VEGETABLE</u>	<u>FRUIT / VEGETABLE</u>
	Fresh Fruit or Fresh Vegetable	Fresh Fruit or Fresh Vegetable	Fresh Fruit or Fresh Vegetable	Fresh Fruit or Fresh Vegetable
	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
MONDAY 6/7	TUESDAY 6/8	WEDNESDAY 6/9	THURSDAY 6/10	FRIDAY 6/11
<u>PROTEIN/GRAIN COMBO</u>	<u>PROTEIN/GRAIN COMBO</u>	<u>PROTEIN/GRAIN COMBO</u>	<u>PROTEIN/GRAIN COMBO</u>	
Grilled Chicken Sandwich	Corn Dog Nuggets	Corn Dog Nuggets	Bean & Cheese Burrito	
Turkey Sandwich	Turkey Sandwich	Turkey Sandwich	Turkey Sandwich	
Yogurt with Crackers	Yogurt with Crackers	Yogurt with Crackers	Yogurt with Crackers	
Garden Salad w/Chicken and Crackers	Garden Salad w/Chicken and Crackers	Garden Salad w/Chicken and Crackers	Garden Salad w/Chicken and Crackers	
<u>FRUIT / VEGETABLE</u>	<u>FRUIT / VEGETABLE</u>	<u>FRUIT / VEGETABLE</u>	<u>FRUIT / VEGETABLE</u>	
Fresh Fruit or Fresh Vegetable	Fresh Fruit or Fresh Vegetable	Fresh Fruit or Fresh Vegetable	Fresh Fruit or Fresh Vegetable	
Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	

SUMMER MEAL DISTRIBUTION WILL CONTINUE THROUGHOUT THE SUMMER AT MANASSAS PARK MIDDLE SCHOOL FROM 4:00pm TO 5:30pm ON THE FOLLOWING DATES:

MONDAY, JUNE 14th
MONDAY, JUNE 28th
TUESDAY, JULY 6th
MONDAY, JULY 12th
MONDAY, JULY 19th
MONDAY, JULY 26th
MONDAY, AUGUST 2nd
MONDAY, AUGUST 9th
MONDAY, AUGUST 16th

MEALS ARE FOR 5 DAYS AND ARE FREE OF CHARGE TO CHILDREN 18 AND BELOW



Summer Food Rocks!

Note: Currently all meals are free to all students of Manassas Park City Schools

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- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.