

# MANASSAS PARK MIDDLE & HIGH SCHOOL "IN-PERSON" MENUS FOR MAY 2021

## BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>SELECT 1</u></p> <p>#1 - Cereal Pack &amp; Milk (includes cereal, snack and juice)</p> <p>#2 - Mini-Cinni Cinnamon Roll with Fresh Fruit &amp; Milk</p>	<p><u>SELECT 1</u></p> <p>#1 - Cereal Pack &amp; Milk (includes cereal, snack and juice)</p> <p>#2 - Mini-Cinni Cinnamon Roll with Fresh Fruit &amp; Milk</p>	<p><u>SELECT 1</u></p> <p>#1 - Cereal Pack &amp; Milk (includes cereal, snack and juice)</p> <p>#2 - Mini-Cinni Cinnamon Roll with Fresh Fruit &amp; Milk</p>	<p><u>SELECT 1</u></p> <p>#1 - Cereal Pack &amp; Milk (includes cereal, snack and juice)</p> <p>#2 - Mini-Cinni Cinnamon Roll with Fresh Fruit &amp; Milk</p>	<p><u>SELECT 1</u></p> <p>#1 - Cereal Pack &amp; Milk (includes cereal, snack and juice)</p> <p>#2 - Mini-Cinni Cinnamon Roll with Fresh Fruit &amp; Milk</p>

## LUNCH

MONDAY 5/3	TUESDAY 5/4	WEDNESDAY 5/5	THURSDAY 5/6	FRIDAY 5/7
<p><u>MAIN DISH - SELECT 1</u></p> <p>#2 - Garden Salad with Breaded Chicken &amp; Crackers</p> <p>#3 - Turkey &amp; Cheese Sandwich</p> <p>#4 - Yogurt with Crackers</p> <p>ALL MEALS WILL INCLUDE <b>FRUIT</b>, <b>VEGETABLE</b> AND <b>MILK</b></p>	<p><u>MAIN DISH - SELECT 1</u></p> <p>#1 - Beef &amp; Bean Burrito</p> <p>#2 - Garden Salad with Breaded Chicken &amp; Crackers</p> <p>#3 - Turkey &amp; Cheese Sandwich</p> <p>#4 - Yogurt with Crackers</p> <p>ALL MEALS WILL INCLUDE <b>FRUIT</b>, <b>VEGETABLE</b> AND <b>MILK</b></p>	<p><u>MAIN DISH - SELECT 1</u></p> <p>#1 - Beef &amp; Bean Burrito</p> <p>#2 - Garden Salad with Breaded Chicken &amp; Crackers</p> <p>#3 - Turkey &amp; Cheese Sandwich</p> <p>#4 - Yogurt with Crackers</p> <p>ALL MEALS WILL INCLUDE <b>FRUIT</b>, <b>VEGETABLE</b> AND <b>MILK</b></p>	<p><u>MAIN DISH - SELECT 1</u></p> <p>#1 - Breaded Chicken Sandwich</p> <p>#2 - Garden Salad with Breaded Chicken &amp; Crackers</p> <p>#3 - Turkey &amp; Cheese Sandwich</p> <p>#4 - Yogurt with Crackers</p> <p>ALL MEALS WILL INCLUDE <b>FRUIT</b>, <b>VEGETABLE</b> AND <b>MILK</b></p>	<p><u>MAIN DISH - SELECT 1</u></p> <p>#1 - Breaded Chicken Sandwich</p> <p>#2 - Garden Salad with Breaded Chicken &amp; Crackers</p> <p>#3 - Turkey &amp; Cheese Sandwich</p> <p>#4 - Yogurt with Crackers</p> <p>ALL MEALS WILL INCLUDE <b>FRUIT</b>, <b>VEGETABLE</b> AND <b>MILK</b></p>
5/10	5/11	5/12	5/13	5/14
<p><u>MAIN DISH - SELECT 1</u></p> <p>#2 - Garden Salad with Breaded Chicken &amp; Crackers</p> <p>#3 - Turkey &amp; Cheese Sandwich</p> <p>#4 - Yogurt with Crackers</p> <p>ALL MEALS WILL INCLUDE <b>FRUIT</b>, <b>VEGETABLE</b> AND <b>MILK</b></p>	<p><u>MAIN DISH - SELECT 1</u></p> <p>#1 - Cheese Pizza</p> <p>#2 - Garden Salad with Breaded Chicken &amp; Crackers</p> <p>#3 - Turkey &amp; Cheese Sandwich</p> <p>#4 - Yogurt with Crackers</p> <p>ALL MEALS WILL INCLUDE <b>FRUIT</b>, <b>VEGETABLE</b> AND <b>MILK</b></p>	<p><u>MAIN DISH - SELECT 1</u></p> <p>#1 - Cheese Pizza</p> <p>#2 - Garden Salad with Breaded Chicken &amp; Crackers</p> <p>#3 - Turkey &amp; Cheese Sandwich</p> <p>#4 - Yogurt with Crackers</p> <p>ALL MEALS WILL INCLUDE <b>FRUIT</b>, <b>VEGETABLE</b> AND <b>MILK</b></p>	<p><u>MAIN DISH - SELECT 1</u></p> <p>#1 - Cheeseburger</p> <p>#2 - Garden Salad with Breaded Chicken &amp; Crackers</p> <p>#3 - Turkey &amp; Cheese Sandwich</p> <p>#4 - Yogurt with Crackers</p> <p>ALL MEALS WILL INCLUDE <b>FRUIT</b>, <b>VEGETABLE</b> AND <b>MILK</b></p>	<p><u>MAIN DISH - SELECT 1</u></p> <p>#1 - Cheeseburger</p> <p>#2 - Garden Salad with Breaded Chicken &amp; Crackers</p> <p>#3 - Turkey &amp; Cheese Sandwich</p> <p>#4 - Yogurt with Crackers</p> <p>ALL MEALS WILL INCLUDE <b>FRUIT</b>, <b>VEGETABLE</b> AND <b>MILK</b></p>

**WE RESERVE THE RIGHT TO CHANGE MENUS DUE TO THE AVAILABILITY OF FOODS AND UNSCHEDULED SCHOOL CLOSINGS**

5/17	5/18	5/19	5/20	5/21
<u>MAIN DISH - SELECT 1</u>  #2 - Garden Salad with Breaded Chicken & Crackers  #3 - Turkey & Cheese Sandwich  #4 - Yogurt with Crackers  ALL MEALS WILL INCLUDE <b>FRUIT</b> , <b>VEGETABLE</b> AND <b>MILK</b>	<u>MAIN DISH - SELECT 1</u>  #1 - Beef & Bean Burrito  #2 - Garden Salad with Breaded Chicken & Crackers  #3 - Turkey & Cheese Sandwich  #4 - Yogurt with Crackers  ALL MEALS WILL INCLUDE <b>FRUIT</b> , <b>VEGETABLE</b> AND <b>MILK</b>	<u>MAIN DISH - SELECT 1</u>  #1 - Beef & Bean Burrito  #2 - Garden Salad with Breaded Chicken & Crackers  #3 - Turkey & Cheese Sandwich  #4 - Yogurt with Crackers  ALL MEALS WILL INCLUDE <b>FRUIT</b> , <b>VEGETABLE</b> AND <b>MILK</b>	<u>MAIN DISH - SELECT 1</u>  #1 - Breaded Chicken Sandwich  #2 - Garden Salad with Breaded Chicken & Crackers  #3 - Turkey & Cheese Sandwich  #4 - Yogurt with Crackers  ALL MEALS WILL INCLUDE <b>FRUIT</b> , <b>VEGETABLE</b> AND <b>MILK</b>	<u>MAIN DISH - SELECT 1</u>  #1 - Breaded Chicken Sandwich  #2 - Garden Salad with Breaded Chicken & Crackers  #3 - Turkey & Cheese Sandwich  #4 - Yogurt with Crackers  ALL MEALS WILL INCLUDE <b>FRUIT</b> , <b>VEGETABLE</b> AND <b>MILK</b>
5/24	5/25	5/26	5/27	5/28
<u>MAIN DISH - SELECT 1</u>  #2 - Garden Salad with Breaded Chicken & Crackers  #3 - Turkey & Cheese Sandwich  #4 - Yogurt with Crackers  ALL MEALS WILL INCLUDE <b>FRUIT</b> , <b>VEGETABLE</b> AND <b>MILK</b>	<u>MAIN DISH - SELECT 1</u>  #1 - Cheese Pizza  #2 - Garden Salad with Breaded Chicken & Crackers  #3 - Turkey & Cheese Sandwich  #4 - Yogurt with Crackers  ALL MEALS WILL INCLUDE <b>FRUIT</b> , <b>VEGETABLE</b> AND <b>MILK</b>	<u>MAIN DISH - SELECT 1</u>  #1 - Cheese Pizza  #2 - Garden Salad with Breaded Chicken & Crackers  #3 - Turkey & Cheese Sandwich  #4 - Yogurt with Crackers  ALL MEALS WILL INCLUDE <b>FRUIT</b> , <b>VEGETABLE</b> AND <b>MILK</b>	<u>MAIN DISH - SELECT 1</u>  #1 - Cheeseburger  #2 - Garden Salad with Breaded Chicken & Crackers  #3 - Turkey & Cheese Sandwich  #4 - Yogurt with Crackers  ALL MEALS WILL INCLUDE <b>FRUIT</b> , <b>VEGETABLE</b> AND <b>MILK</b>	<u>MAIN DISH - SELECT 1</u>  #1 - Cheeseburger  #2 - Garden Salad with Breaded Chicken & Crackers  #3 - Turkey & Cheese Sandwich  #4 - Yogurt with Crackers  ALL MEALS WILL INCLUDE <b>FRUIT</b> , <b>VEGETABLE</b> AND <b>MILK</b>

## ALL MEALS ARE FREE TO STUDENTS OF MANASSAS PARK CITY SCHOOLS

**Adult Prices: Breakfast \$2.25 Lunch: \$3.75**

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(1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or

**This institution is an equal opportunity provider.**